



## Thermal water and mud



The thermal water of the Euganean Spas takes up to thirty years to travel the road that brings it from the springs of the Prealps and Lessini Mountains to our thermal area.

During its journey, the limestone rocks and the strong pressure, to which it is subjected, give to the salty-bromine-iodine water unique properties.



The mud therapy and thermal water baths of Abano and Montegrotto Terme were already known to the Romans. Over the centuries the certainty of the health benefits of treatments with water and with the water and thermal mud of the Euganean basin has been consolidated.

Our Hotel is part of the monitoring circle of thermal waters of the University of Padua and is associated with the Center for Thermal Studies "Pietro d'Abano", which carries out continuous research on the fields of therapeutic application of thermal cures of Abano and Montegrotto Terme.



The mud consists of a solid clay component, a liquid component (hyperthermal salty-bromine-iodine thermal water) and an organic component (algae, protozoa, etc.).

Only the mature mud has the clinical physical, biological and therapeutic characteristics that allow it to relieve pain and disorders resulting from arthritis, osteoporosis, rheumatism traumas or articular and muscular pathologies.

In order to "mature", the mud deposited in special tanks reacts with the thermal water, the rays of the sun and the air to transform itself over time into a real natural medicine.